

# Rejuvelaser

## VASER HI DEF BREAST LIFT

VASER Hi Def breast lifting is an innovative and effective technique that can help achieve defined and more youthful looking breasts using state-of-the-art ultrasound technology. This procedure is extremely effective in helping to contract skin and tissue, lifting the breast to a more ideal position.

As a master at combining art and medicine to sculpt the female form, Dr. Shu is the first physician to perform the Vaser Hi Def Breast Lift in the Minnesota. Using groundbreaking technique and cutting edge technology he personally trained by Dr. Alfredo Hoyos (the inventor of Vaser Hi Def) and Dr. John Millard, Dr. Shu offers a better alternative to traditional open breast lift surgery (Mastopexy).



By using these advanced liposculpting techniques (VASER® Hi Def liposculpture) to remove fat in the breasts and the areas such as the underarm and upper abdomen, as well as directly underneath the breasts, Dr. Shu can contour your figure to create the right size and the enhanced, young looking breasts.

The human body has a natural defense mechanism that kicks in when the body experiences any trauma; scar tissue naturally contracts after healing. This is similar to how VASER Hi Def breast lift works. VASER Hi Def breast lift offers advanced “internal” lifting using VASER technology that causes virtually no scarring. The skin is heated up, allowing it to contract and tighten. The breast is then lifted due to the tissues tightening.

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## Frequently Asked Questions:

### What is the VASER Hi Def breast lift?

VASER Hi Def breast lifting is an innovative, advanced breast lift procedure that restores, sculpts and defines a woman's breasts by using state-of-the-art ultrasound technology. This technique helps contract the skin and tissue, lifting the breast to a more ideal position, giving them a more youthful look. Fat is internally heated up and liquefied, while skin is pulled tighter and the breast lifted.

### What are the advantages of VASER Hi Def breast lift compared to other breast lift techniques?

VASER Hi Def breast lift stands apart from traditional breast lift surgery for its ability to factor in the shape & form of anatomical structures under the skin, which help to create and promote enhanced body contour. It offers advanced “internal” lifting using VASER technology that causes virtually no scarring.

### What are some risks for this procedure?

Similar to standard liposuction.

### How is this procedure done?

This procedure uses an ultrasound technique to target the area around the breast tissue. Under the tumescent (local) anesthesia, a small incision is made so that a probe can be inserted to liquefy the fat cells in the superficial layer. Once the fat in the superficial layer has been dissolved, small amount of fat is suctioned out. The surgeon also removes some fat in the deep layer around the breast to increase the definition of breasts. The breast position is then higher as the breast tissue tightens up. This technique allows your surgeon to target specific fat layers to create a sculpted appearance.

### What is the recovery period like?

In the weeks following your procedure as your body recovers and heals itself, a thin webbing of scar tissue develops just below the skin helping to lift the breast tissue. There is very little downtime, and results will continue to improve for about 3 months.